

NEW CORONAVIRUS - BEHAVIORS TO FOLLOW

ARCI.IT    



- **WASH YOUR HANDS OFTEN**
(WITH WATER AND SOAP OR CLEAN YOUR HANDS WITH ALCOHOL-BASED SANITIZER).



- DON'T TOUCH YOUR EYES, NOSE, AND MOUTH WITH YOUR HANDS.



- **WITH A DISPOSABLE TISSUE COVER YOUR MOUTH AND NOSE** WHILE YOU SNEEZE OR COUGH.
IF YOU DON'T HAVE TISSUES, COUGH INTO YOUR ELBOW.



- **AVOID GETTING CLOSE TO PEOPLE** AFFECTED BY ACUTE RESPIRATORY INFECTIONS.
- AVOID HUGS AND HANDSHAKES, AND **MAINTAIN AN INTERPERSONAL DISTANCE OF AT LEAST 1 METER.**



- AVOID THE PROMISCUOUS USE OF BOTTLES AND GLASSES.



- USE A MASK ONLY IF YOU SUSPECT TO BE SICK OR IF YOU LOOK AFTER SOMEONE WHO IS SICK.
IN INDOOR SPACES IT IS **MANDATORY** TO WEAR MASKS.



- DO NOT TAKE ANTIVIRAL OR ANTIBIOTIC DRUGS UNLESS PRESCRIBED BY A DOCTOR.
- IN CASE YOU HAVE **OVER 37,5°C** STAY AT HOME AND CONTACT YOUR FAMILY DOCTOR BY PHONE AND FOLLOW YOUR DOCTOR'S INSTRUCTIONS.

FOR INFORMATION: WWW.SALUTE.GOV.IT

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